



# Testing for Adults

Generally, the two kinds of professionals who can administer the tests for dyslexia and interpret the results are psychologists and educational diagnosticians. Other professionals (physicians, specialists, speech/language pathologists, etc.) may be able to test for dyslexia; it would depend on their training. When interviewing a professional to perform an evaluation for dyslexia, you may want to ask about their specific training in the identification, diagnosis and treatment of dyslexia and other learning disabilities.

Evaluations for dyslexia can run from simple screenings for at-risk readers to a full psychological evaluation for learning disabilities. What level of evaluation you will need depends in some part on why you are being evaluated.

Many employers will need documentation from a 'qualified professional'. Your employer should be able to provide you with a copy of the company's policy on employees with disabilities that lists the kinds of documentation you will need to submit. It might be helpful to check out [www.ada.gov](http://www.ada.gov) or [www.disabilityinfo.gov](http://www.disabilityinfo.gov) to read about the rights of an individual with a learning disability in the workplace under the ADA (Americans with Disabilities Act).

**ADA Hotline: 1-800-514-0301**

If you are an adult who is looking to be tested for dyslexia, you can contact your state's Client Assistance Program (CAP), which may provide testing (or referrals for testing) for dyslexia and learning disabilities for adults.

For the contact information of your state's CAP, check out:  
<http://www.nichcy.org/Pages/StateSpecificInfo.aspx>

You may also want to check with your health insurance provider. Some health insurance plans/policies do cover testing for learning disabilities.

If you are looking for organizations and/or support groups in your area, contact the closest IDA Branch.

Also, for information about literacy programs in your area, check out: <http://www.literacydirectory.org/>

The following websites may be helpful or encouraging:

- ✕ [http://ldlink.coe.utk.edu/living\\_with\\_ld.htm](http://ldlink.coe.utk.edu/living_with_ld.htm)
- ✕ [http://www.ldonline.org/indepth/adult/miller\\_relationships.html](http://www.ldonline.org/indepth/adult/miller_relationships.html)

*You can always find copies of our other Fact Sheets for parents, adults and educators available for download on our website.*

[www.interdys.org/FactSheets.htm](http://www.interdys.org/FactSheets.htm)

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